





Wednesday 11 May 2022, run or walk – 5 or 10 km and help Mercy Ships help!

Wednesday 11 May 2022 - Mercy Ship Race		Thursday 12 May 2022
At 1200-1600 hrs	Pick up your number and chip at Alandica congress	
At 1645-1655 hrs	Warm up, Alandica, below the terrace	Sjöfartens Dag MARITIME DAY
		MARITIME DAY
At 1655 hrs	Line up for start (runners start first)	
At 1700 hrs	Race start outside Alandica (sea side)	Updated information, programme, list of
At 1730 hrs	Pool and sauna at Hotel Arkipelag for those also	participants, speakers and registration
	registered for the Maritime Day. Towels available,	at www.sjofart.ax
	remember swimwear!	

Registration

One person Mercy Ship Race

More than 5 persons, contact maritime.day@sjofart.ax

The fee 50 euro directly supports Mercy Ships. The fee is non-refundable. Register online before 9 May 2022. Registration possible at Alandica 11 May at 1200-1600 hrs (Fee 60 euro, card payment only).

We recommend employers to sponsor your personnel and challenge your competitors and business associates.

You can leave your belongings at Alandica, mark your bag with your number and get it back showing your starting number. You are welcome to bring your dog with you for the race! Photos will be taken during the race and might be published. The results will be presented on our website. Please help Mercy Ships help!

We look forward to a friendly race! Welcome!

Eva Mikkola-Karlström, chair

ålands sjöfart



The Mercy Ship Race route - start and finish at Alandica, 5 km one round, 10 km two rounds. The track is asphalt and gravel.

Runners starts first.

Please note that the course is not closed for traffic, be careful when crossing roads.

Water stations at Klinten (halfway) and Alandica.

Remember to return the chip, unreturned chips will be charged 90 euro.

Remember to have fun!